

Further information

The following Wirral services offer support to people who may experience problems around drugs or alcohol:

- **ACT 24/7 helpline 0800 028 1300. Provides help and advice for drug users, their families, and professionals.**
- **Wirral Harm Reduction Centre 0151 653 3871. Helps drug users to reduce the harm associated with substance misuse. Services include a needle exchange scheme, HIV/hepatitis B/C testing, hepatitis B vaccination, advice on safer injection and sexual health.**
- **Wirral Drug Service 0151 604 7330. Offers a wide range of treatment options for people who have problems with their drug use**
- **ARCH Initiatives 0151 647 8633. Information, advice, support and guidance to those affected by substance misuse**
- **Phoenix House Wirral Service 0151 652 2667. Adult detoxification and rehabilitation centre.**
- **Alcohol Service 0151 647 4999. Free and confidential advice, support and treatment to anyone affected by alcohol**
- **Response 0151 666 4123. Provides specialist substance misuse workers who offer a range of services to meet the needs of young people aged 13 to 18 who have problems with drug or alcohol use.**

For further information or advice around drugs you may also contact FRANK, (formerly the National Drugs Helpline) **0800 77 66 00** or visit www.talktofrank.com.

For confidential information, help and advice around alcohol you may contact DRINKLINE on **0800 917 8282**, which is a national alcohol helpline.

If you are worried or concerned about issues around drugs or alcohol or would like further information about services, please contact the information officer at Wirral DAAT on **0151 651 3884**.

Translations available in different languages

Arabic

أصدر هذا الدليل فريق وويرال للمساعدة ضد (آثار المخدرات والكحول) (أي إيه إيه تي) ويحتوي هذا الدليل على قائمة من مصادر المعلومات الخفية التي تقدم التصحح والدعم لأي شخص يتأثر بالمخدرات أو الكحول. وهناك نسخ من هذا الدليل متوفرة من فريق وويرال 0151 651 3884 في إيه إيه تي، من فضلك اتصل بالرقم 3884

Urdu

یہ گائیڈ ویرل ڈرگ اینڈ الیکول ایکشن ڈی ٹیکسٹیشن سروس (DAAT) کے لیے تیار کی گئی ہے۔ اس میں ایسے افراد جو متشدد یا شراب سے متاثر ہیں کیلئے مقامی طور پر فراہم کردہ معلومات، مشورہ اور مدد کے بارے میں بتلایا گیا ہے۔ ویرل ڈیٹاکسٹیشن سروس کے لیے براہ کرم 0151 651 3884 پر رابطہ قائم کریں۔

Chinese

這本單是由博愛區反毒品和醉酒行動組製作。內容有注射器交換計劃和告訴你如果在社區內找到這些計劃的處理方法。這本單翻譯本可向博愛區反毒品和醉酒行動組索取。請致電0151 651 3884

Hindi

यह मार्गदर्शन विरल ड्रग ऐन्ड एल्कोहोल ऐक्शन टीम (DAAT) के द्वारा प्रस्तुत किया गया है। किसी भी व्यक्ति को जदि ड्रग या जलन के दुस्मयार हैं, उसके लिए इससे जानकारी, सहाय, और समर्थन के स्थानीय स्रोत उपलब्ध हैं। इस मार्गदर्शन की कॉपीयां विरल ड्रग ऐन्ड एल्कोहोल ऐक्शन टीम (DAAT) से उपलब्ध कराई जा सकती हैं। कृपया नंबर 0151 651 3884 को टैलफोन करें।

Vietnamese

Bản chỉ dẫn này là sản phẩm của Toàn Wirral Drug and Alcohol Action (DAAT). Bản này liệt kê những nguồn tin tức ở địa phương, cố vấn và yểm trợ cho bất cứ ai bị ảnh hưởng về ma túy hoặc rượu. Bản chỉ dẫn này được cung cấp theo yêu cầu tại Wirral DAAT. Xin điện thoại số 0151 651 3884.

Bengali

এই প্রচারণাটি উইরাল ড্রাগ এন্ড এলকোহোল একশন টিম দ্বারা তৈরি করেছে। ইহাতে বিভিন্ন (পরিষেবা) বন্দরানোর কনসার বাপারে তথ্য এবং সামাজিক এনাকাফর যদি পরিত্যক্ত বিভিন্ন (নিউজ-স্ট্র) সেখেন তাছাড়া কি অবশেন সে বাপারে পরামর্শ দেওয়া রয়েছে। অনুমোদন করে এই প্রচারণার অনুবাদ পাওয়ার ব্যবস্থা আছে। দয়া করে ০১৫১৬৫১৩৮৮৪ নাম্বার টেলিফোনে যোগাযোগ করুন।

HANDS OFF

A guide to dealing with drug-related litter

If you find needles or syringes in or around your community, please do not touch them.

For safe disposal, please telephone

0151 606 2004 (day)

0151 666 5265 (evening and weekend).

Introduction

This leaflet has been produced following consultation with local people about drugs and alcohol. One of the concerns raised was the fear of finding and disposing of used syringes in the community.

The aim of this leaflet is to give information on local syringe exchange schemes and to give advice on what you should do if you find used syringes.

This leaflet has been funded through the Communities Against Drugs (CAD) Initiative. CAD is a partnership between Wirral Drug and Alcohol Action Team (DAAT) and Wirral Crime and Disorder Reduction Partnership. CAD aims to:

- **reduce drug related crime and disorder in Wirral**
- **strengthen community partnership**
- **disrupt drug markets.**

The design concept for this leaflet is courtesy of InnerAction a Wirral-based, DAAT partner service user group.



Needle exchange schemes

Needle exchange schemes exist all over the country. They are free and most drug agencies and pharmacies offer them. They have several functions, which include:

- **giving out sterile injecting equipment to drug users and encouraging them to return after use**
- **providing a safe place to dispose of used injecting equipment**
- **reducing harm from HIV and hepatitis.**

The vast majority of syringes that are handed out are returned and disposed of safely. In Wirral this is arranged by the Harm Reduction Centre at St Catherine's Community Hospital in Tranmere. However, a small percentage of needles may end up being discarded inappropriately.

What to do if you find needles or syringes

If you do happen to find discarded needles or syringes please contact:

- **between 9am and 5pm, Monday to Friday, the Street Scene call centre on 0151 606 2004**
- **after 5pm or at weekends, Wirral Borough Council's Control Room on 0151 666 5265.**

Both services will make arrangements for the collection and safe disposal.

If you are injured

If you do receive an injury from a discarded needle the best course of action is to gently encourage the wound to bleed (DO NOT SUCK THE WOUND). Then wash with soap and warm running water, dry and cover with a plaster. Seek advice as soon as possible from A&E or your GP, as you may need a hepatitis B or tetanus vaccination. Please do not be alarmed if you are injured as the risk of infection from a needlestick injury is normally low.

Pharmacies with needle exchanges

Egremont Pharmacy

King Street, Egremont
0161 639 5016
Mon to Fri 9am – 6pm (closed for lunch 1pm – 2.15pm)

Kenny's Chemist

Market Street, Hoylake
0151 632 4015
Mon to Fri 9am – 6pm, Sat 9am – 5.30pm

Lee's Pharmacy

Hoole Road, Woodchurch
0151 677 4932
Mon to Fri 9am – 6pm, Sat 9am – 1pm

Moss Pharmacy

Bedford Road, Rock Ferry
0151 645 4247 / 643 9051
Mon to Fri 9am – 1pm, 2.15pm – 6pm,
Sat 9am – 1pm, 2.14pm – 5pm

Old Chester Pharmacy

Old Chester Road, Rock Ferry
0151 645 3055
Mon to Fri 9am – 6pm, Sat 9am – 12.30pm

Rowlands Pharmacy

Market Street, Birkenhead
0151 647 8017
Mon to Fri 9am – 5.30pm, Sat 9am – 1pm

Rowlands Pharmacy

Chadwick Street, Moreton
0151 677 3814
Mon to Fri 9am – 6pm, Sat 9am – 1pm

Tree Tops Pharmacy

Bridle Road, Bromborough
0151 327 4554
Mon to Fri 8.30am – 6.30pm

Wilson's Chemist

The Crescent, West Kirby
0151 625 6115
Mon to Fri 9am – 6pm, Sat 9am – 5pm

Please note that these pharmacies will not collect discarded syringes and needles found in the community. Please contact the numbers indicated on the front of this leaflet.